

## PARTNERS

The EU Navigate consortium consists of eight research partners, three dissemination partners and one affiliated entity.

### RESEARCH PARTNERS

- Vrije Universiteit Brussel (Belgium)
- Universiteit Gent (Belgium)
- Trinity College Dublin (Ireland)
- Uniwersytet Jagiellonski (Poland)
- Stichting Vumc (Netherlands)
- Universidade de Coimbra (Portugal)
- University Of British Columbia - Okanagan (Canada)
- Lega Italiana Per La Lotta Contro I Tumori Di Milano (Italy)

### DISSEMINATION PARTNERS

- European Cancer Organisation (ECO)
- European Association for Palliative Care (EAPC)
- AGE Platform Europe (AGE)

### AFFILIATED PARTNER

- Fondazione IRCCS Istituto Nazionale Dei Tumori (Italy)

## CONTACT



EUNAVIGATE@VUB.BE

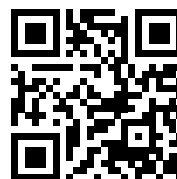


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# EU Navigate

Supporting older people with cancer



Funded by  
the European Union

Funded by the European Union (grant no. 101057361). Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Health and Digital Executive Agency (HADEA). Neither the European Union nor the granting authority can be held responsible for them.

## SUPPORTING OLDER PEOPLE IN DECLINING HEALTH WITH CANCER

## BACKGROUND

The number of older adults with cancer is growing. Many struggle to access the necessary health and social care services, to support their physical, psychosocial and spiritual needs, as well as practical challenges in their daily life. Navigation interventions using specially trained navigators hold much promise, but high-quality evidence is needed to support their implementation.

## THE AIM OF EU NAVIGATE

Over years, the EU Navigate research project aims to contribute high-quality evidence on navigation programmes for older adults in declining health with cancer and their family caregivers.

We aim to develop, implement and evaluate the effectiveness and cost-effectiveness of improving quality of life and social support for older adults with cancer and their family caregivers.

## PROGRAMME

The project is based on the Nav-CARE© programme successfully established in Canada. Nav-CARE© is a free volunteer navigation programme. Specially trained volunteer navigators help clients access resources and services in their community, while providing companionship and emotional support.

Together with key stakeholders, we will adapt and refine Nav-CARE© into EU Navigate for its use among older adults with cancer and their families in various EU countries.

The trained navigators, which will be volunteers or social workers, will visit the participants over one year, at least once every two weeks. A bond of trust is established during this long-term contact. This facilitates the process of identifying together, what is most important to the older adults and family caregivers at that moment.

## INTERNATIONAL RESEARCH

EU Navigate is an intercontinental, interdisciplinary and intersectoral research project funded by the European Union's Horizon Europe programme.

The core of the project is an international six-country multi-site pragmatic fast-track randomised controlled trial with an embedded process evaluation. The programme will be implemented in Belgium, Ireland, Italy, the Netherlands, Poland, and Portugal, and the trial will compare EU Navigate in addition to standard care with standard care alone.

*“By having a navigator, you have someone who is committed to you, cares about you, has the time to listen to you, and is able to understand what you’re going through.”*

- Nav-CARE© participant



THE CANADIAN NAV-CARE©  
VOLUNTEER NAVIGATION  
PROGRAMME

2008 – ONWARDS



ADAPTING NAV-CARE© TO  
A EUROPEAN CONTEXT

SEP 2022 – AUG 2023



IMPLEMENTING AND EVALUATING THE  
(COST-) EFFECTIVENESS OF THE  
NAVIGATION PROGRAMME

SEP 2023 – AUG 2027



PROMOTING SUSTAINABLE  
NAVIGATION PROGRAMMES  
IN EUROPE AND BEYOND

AUG 2027 – ...

PROJECT TIMELINE